



**SACRED
HEARTS
RETREAT
CENTER**

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Dear Friends,

It is the beautiful season of Lent. It is the time when we, as individuals and together, consciously try to turn closer to our God. The events from my side of things at this time of year are filled with new preparations for missions, talks and retreats. Lots of them. I feel like I am back in grad school and the professors have all handed down the lists of papers to be done. It is difficult. It is time consuming. It is WONDERFUL. The deeper I go the deeper I want to go. The more I study and read, the more I want to study and read. I even have some CDs by well known teachers and theologians.

Here at the Spirituality Center we are really delighted to welcome another one of our Sacred Hearts members, Fr. David Lupo, ss.cc. He is a much welcomed and needed addition to our Wareham community. Our community already had its characteristic family spirit from the very charism of our Congregation, but now it is even more tangible. Welcome Fr. David.

These days are special here. This year we are celebrating Lent and the Sacred Triduum in some new ways for us. First, on all the Tuesday mornings of Lent, is Sister Claire's reflection "Can You Drink of the Cup". Many have already signed up and it looks and sounds really good. On the weekend before and including Palm Sunday Peggy Patenaude (and me at the Palm Sunday Eucharist) will be leading people on the Journey to the Hosannas to the King of David. For the Sacred Triduum, Holy Thursday, Good Friday, Holy Saturday ending with Easter Sunday Eucharist, starting on Thursday evening with the Seder meal before the Celebration of the Lord's Supper through Easter Sunday we will retreat into the times and mind of the people in the days of Jesus and reflect together on "Making it real within me/us now."

In the chapel is a heart made of clay overflowing with black sand to remind us of ashes and penance but also palms of last year's hope and flowers of this year's dreams. The "already joy" of Lent is the Easter joy to come. The everlasting joy of Lent is that even as we prepare to celebrate again, He is always Risen...even in Lent.

All God's blessings,

fr. Stan

From the Administrator's Desk



Dear Friends,

Where did February go? It seems as if it were only yesterday that we were turning the page on a new year.

Well beyond my expectations, 35 people attended the **Can you Drink of the Cup?** retreat on the first Tuesday of Lent. Using our favorite cups or mugs, we pondered the image of God holding the cup of our life in His loving hands. This will continue for the Tuesdays of Lent. Each session, though connected, is not dependent on the others. There is still room if you want to join us. For more info call me at 508-295-0100.

As Fr. Stan said above, the weekend of March 26-28 Peggy Patenaud will lead a retreat: **The Journey to Easter** which will culminate with the Eucharistic celebration of Palm Sunday. There is still time to register.

Fr. Stan will lead a retreat from April 1st to 4th, 2010 the "Great Holy Days"- also known as the **Triduum**. It will start on Holy Thursday evening and ending after breakfast on Easter Sunday. See the enclosed/attached flyer for more details.

Mark your calendars: Fr. David Lupo, will guide the annual "**Sisters Retreat**" for women religious **July 12-16, 2010**. It will start Monday before lunch and end on Friday after lunch. To register or for more information call the retreat center. Details to follow.

February is also the month when the auditors finish with the review of our finances. As I had hoped, we did end up in the black. Thank you for all your contributions and support we could not have done it without you. The budget for next year will be more of a challenge. As you know food and utility prices keep rising. We have decided to raise our prices for overnight and weekend retreats slightly to help cover our costs but our goal is to keep the costs reasonable so that anyone who wishes will be able to come.

You are always invited and welcome to come and walk around the property (more enticing in good weather) come in for a chat and have a cup of coffee or tea. Just give a call and let us know you're coming.

A Blessed Lent to all,

Sr. Claire